

Curl Glossary *Uninhibited Curls*

Curl Pattern

The natural shape your hair makes (waves, curls, coils, or kinks).

Curl Clump

A group of curls that form and dry together as one defined piece.

Definition

When curls are clearly shaped, smooth, and separated instead of frizzy.

Frizz

Hair reaching out into the air looking for water, making curls look fuzzy.

Shrinkage

When curls bounce up and look shorter than their actual length.

Slip

The silky, slippery feel from conditioner or product that makes detangling easy.

Cast

The crunchy shell formed when gel dries around curls before scrunching it out.

Refresh

Reviving curls between wash days by rewetting and reshaping them.

Wash Day

The full routine of cleansing, conditioning, styling, and drying curls.

Diffusing

Using a diffuser attachment on a blow dryer to dry curls without disturbing them.

Plopping

Wrapping wet curls in a T-shirt or microfiber towel to absorb excess water.

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Halo Frizz

Frizz that forms mostly on the top layer of curls, like a halo.

Product Cocktailing

Mixing two or more products together to get the result you want.

Sealing

Locking water and moisture into the hair with gel or other products.

Moisture Balance

The sweet spot of water + hydration so curls are soft but not limp.

Protein Balance

Having enough protein in hair to stay strong, but not stiff or brittle.

Protective Style

A hairstyle that tucks ends away to reduce stress and breakage.

Raking

Running product through curls with your fingers to coat each strand.

Praying Hands

Smoothing product over curls with flat hands pressed together.

Hydration

Water inside the hair strand that keeps curls bouncy and strong.

Separation

Pulling apart large curl clumps into smaller ones for extra volume.

Uninhibited

Free to move, express, and exist without restriction.